



Family and Community Services Program of Study

Prepare for your future working with families and community members to improve communication, interpersonal relationships, and provide quality childcare options.

RECOMMENDED COURSE SEQUENCE

1 Principles of Human Services (1 credit) (8th – 9th Grade)
This course will enable students to investigate careers in the human services career cluster, including counseling and mental health services, early childhood development, family and community, and personal care services.

2 Lifetime Nutrition and Wellness (1/2 credit) (10th Grade)
Students use the principles of nutrition to help them identify wellness practices to optimize development across the lifespan. Students integrate nutrition and wellness knowledge with



Interpersonal Studies (1/2 credit) (10th Grade)
Students examine how relationships between individuals and among family members significantly affect the quality of life. Students use knowledge and skills in family studies and human development to enhance personal development.

3 Child Development (1 credit) (11th Grade)
Explore knowledge and skill needed to observe, predict, and promote optimal development from prenatal through school-age children. Become equipped to promote the well-being and healthy development of children and investigate careers related to the care and education of children.

4 Counseling and Mental Health* (1 credit) (12th Grade)
Model the knowledge and skills necessary to pursue a counseling and mental health career through simulated environments. Course content includes a focus on career opportunities in counseling and mental health, effective communication techniques, characteristics of various mental illnesses, and use of technology in the profession. Students are expected to apply knowledge of ethical and legal responsibilities, limitations, and the implication of their actions.

For more information about CTE Course requirements, view our EMS ISD Course Description Handbook.

**Indicates a TEA approved Advanced CTE Course*

